



Newsletter

July 25, 2024

Meeting: Teresa Freeman, President

Greeter: Josh Jennings

mycdbl.com

MISSION STATEMENT

Capital District Business Leaders enhance the growth of members' businesses by providing a forum for the exchange of business leads, products, and services. Our name represents excellence and respect for our clients, community and professions. We are committed to contributing back to the community.

VISITORS/ALTERNATES

Christine Kaczmarek, Community Engagement Coordinator

Community Caregivers

Margarita Springer, Development Director

Community Caregivers

ANNOUNCEMENTS

Dawn Morrison of Armida Rose Realty had a closing on a property in Troy, and has a rental starting in January at RPI.

Ann MacAffer of CBRE sold the SaveALot warehouse for \$20M.

Terry Freeman of First National Bank of Scotia thanked Josh Jennings for greeting today.

Josh Jennings announced that Tech Valley Office Interiors has launched a website with contract pricing specifically for state and local government, K-12 schools and colleges. The agencies can order online and have merchandise shipped directly to them, from anywhere in NY state.

GOOD NEWS

Mike Corey of LeChase Construction announced that his company was awarded a \$10M project for renovations at Daughters of Sarah.

Terry Freeman is back from vacationing in Maine and Hampton Beach.

WISH LIST

Dawn Morrison is looking for listings and buyers. Demand is still high.

THANK YOU

Chuck Shank to Josh Jennings and Frank Paladino

Jordan Modiano to Walter Guiles
Terry Freeman to Nick Marchese
Josh Jennings to Glenn Coyne

COMMITTEE REPORTS

Treasurer's Report – Nick Marchese

Please pay third quarter dues if you haven't already.

Leads – Frank Paladino

Lead of the Week - **Andy O'Reilly**

Special Events –Will Berglund

No report.

Membership – Josh Jennings

No new applications in at this time.

Speakers/Greeters – Alan Baker

Please sign up for open speaker/greeter slots.

8/1 - Need Speaker - Nancy McKiernan, Greeter

8/8 - Sean Howley, 1st National Bank - Terry Freeman, Greeter

8/15 - Need Speaker - Jordan Modiano, Greeter

BOARD MEETING

8/22 - No meeting

8/29 - No meeting

9/5 - Jordan Modiano - Need Greeter

9/12 - Chuck Shank - Ann MacAffer, Greeter

9/19 - Dawn Morrison - Need Greeter

9/26 - No meeting

Social Media – Nancy McKiernan

If you are active on social media, please like, share and comment on the weekly LinkedIn and Facebook posts featuring the week's presenter. Also check the CDBL website calendar for updates on networking events.

<https://www.facebook.com/CapitalDistrictBusinessLeaders?mibextid=ZbWKwL>

<https://www.linkedin.com/company/cdbl--capital-district-business-leaders/>

CDBL OPEN CATEGORIES

Architect

Caterer

Chiropractor

Document Destruction

Event Planner

Florist

Hotel/Hospitality

Interior Designer

Jeweler

Limousine Service

Long Term Care

Public Relations
Sign Company
Title Insurance Company
Travel Agency
Water or Coffee Vendor
Web Designer

TODAY'S SPEAKER

Christine Kaczmarek, Community Engagement Coordinator
Margarita Springer, Development Director
Community Caregivers

After Christine Kaczmarek retired from Skidmore College as Senior Director of Business Services, she looked for volunteer opportunities. She began volunteering at Community Caregivers and after 18 months was asked to take a part time paid position. She said it's been an extraordinary experience.

Community Caregivers was begun in 1994 by a vet, and RN and a pharmacist in Altamont to serve people with needs in the community.

Some of the needs are very basic, such as having someone climb a ladder and change a light bulb so that a resident is not afraid to go into her bathroom in the dark.

Now, 20 years later the organization has ten part time employees and one full time employee that are paid with grant money. There are around 100 active volunteers. They serve the Albany area excluding Colonie, which already has significant services for seniors, and Rensselaer County.

Services are provided that will enable people to stay in their homes and include medical transportation, grocery shopping, reassurance calls, wellness check-ins and also help with banking, picking up medications and personal appointments.

There are currently about 200 clients being served.

Community Caregivers is always looking for additional volunteers.

The not-for-profit organization is funded by grants and donations. Fundraisers include the Fall Gala, held at the Albany Country Club and a summer golf tournament.

A new event is a Trivia night being held Aug. 22 at Indian Ladder Farms from 6 to 8 pm.

People who need services can call Community Caregivers. They will be visited by two RNs and a social worker who will introduce the client to Community Caregivers and validate whether it is a good match for the services they offer.

If it is a good match, requests for services will go out to volunteers.

Volunteers must complete an application and are subject to a background check.

There is no charge to the client for any services, and no income requirement. Community Caregivers tries to ascertain that the client does not have other resources available to them so that they're not duplicating services. They will make referrals to other agencies if needed.

Any help you can give this organization is appreciated, even volunteering one hour a month or whatever you are able to offer.

For more information contact

Christine Kaczmarek, Community Engagement Coordinator

Community Caregivers

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518-456-2898

chris@communitycaregivers.org

<http://www.communitycaregivers.org>

50-50 – Nick Marchese - No Joker

Collected: \$17 Jackpot = \$146.50

ATTENDANCE (21 Members)

Members (15), Alternates (-), Guests (2)

Total Attendance (17)